

Beach Rules

- ▶ **Red flags** mean ocean conditions are unsafe for all swimmers.
- ▶ **Conditions can change quickly** - no flag does not mean no risk.
- ▶ **Know your limits** & ask a lifeguard if you're unsure.
- ▶ **Never swim alone.**
- ▶ **Do not use floatation devices** as a substitute for swimming ability.
- ▶ **Call 911** if you see a swimmer in distress. Don't become a 2nd victim.
- ▶ Pets are welcome under the control of the owner.
- ▶ Please pick up after your pet.
- ▶ Unattended personal items left between 6:30 p.m. & 6:30 a.m. will be removed as litter.
- ▶ Keep at least 15' between dunes & tents and around lifeguard stands.
- ▶ Do not tie tents together; Keep 10' apart. Maximum tent size is 12x12'.
- ▶ Use walkways & designated beach accesses. Dunes are fragile!
- ▶ Monitor and refill all beach holes.
- ▶ Fireworks & bonfires are not permitted.
- ▶ Leave no trace - Help keep our beaches beautiful by removing litter.

**Lifeguards are on duty
May 1 - October 31
10:00 a.m. - 6:00 p.m.**

ATV/truck patrol: May 1 - Memorial Day weekend
Limited stands, patrol: Memorial Day - mid-June
All stands, patrol: mid-June - mid-August
Limited Stands, patrol: mid-August - Labor Day
ATV/truck patrol: Labor Day - October 31
Check townofduck.com for changes or updates



**LOVE THE BEACH
RESPECT THE OCEAN**
#LOVETHEBEACHRESPECTTHEOCEAN

Text "Join OBXBeachConditions" to 77295 to sign up for text alerts 📱
from Outer Banks lifeguards on beach conditions.